

# Friday 10 May 2024 7.30pm

Course Records Men: William Stockley (Belgrave Harriers) 4:14 2022 Women: Rose-Ann Galligan (Glos AC) 4:37 2010

## Race permit

Our race permit is 2024-27234 and will be available for inspection on race day.

Please read the following instructions carefully to help maximise everyone's enjoyment on race day.

# **Travelling to Bourton on the Water**

Please car share where you can. This will help to ease traffic congestion and make parking easier for everyone (not to mention being kinder to the environment).

If travelling from the North, West or South, please enter the village from the Fosseway (A429) at the traffic lights that lead into Station Road. Please avoid using the turn into Lansdowne as too many cars can quickly cause congestion in that part of the village. Ignore satnavs which tend to turn you into Lansdowne – follow the road signs for the village.

## **Parking**

Car parking is not available at the Race HQ. There are plenty of easily-accessible car parks near and Race HQ and the course. The biggest of these is the pay-and-display car park on Rissington Road, next to Birdland. There is also a pay-and-display car park on Station Road (Bourton Vale Parking Ltd). See the overview Map 2 on page 4 of this guide.

## Registration and race HQ

Registration will take place from 6:15pm at Victoria Hall, Victoria Street, Bourtonon-the-Water, Cheltenham GL54 2BU, which is in the centre of the village, facing the river. This is where you collect race numbers from 6.15pm on the evening of the race.

Please arrive with plenty of time to collect your number/timing chip. Please follow these <u>instructions for fixing your shoe chip tag</u>.

## Bag drop

There will be an unsupervised bag storage area at Race HQ but bags are left at owners' risk.

#### **Toilets**

Toilets are available at race HQ. There are also public toilets in the centre of the village.

Please show respect to local café owners and their customers by NOT using their facilities.

#### The start

The start is one mile from the village centre, on Rissington Road in the direction of Little Rissington, past Birdland on your right. There is a path along the entire route, which is ideal for your warm-up.

The adult race will start at 7.30pm prompt and we will ask runners to assemble next to markers with their expected finishing time (e.g., 5 mins, 6 mins, 7 mins etc.).

The junior race is a separate race that will start 2 minutes later at 7.32pm prompt. Please note that adults accompanying their children are not registered for the event and will not get a recorded time.

#### The start

The start is one mile from the village centre, on Rissington Road in the direction of Little Rissington, past Birdland on your right. There is a path along the entire route, which is ideal for your warm-up.

The adult race will start at 7.30pm prompt and we will ask runners to assemble next to markers with their expected finishing time (e.g., 5 mins, 6 mins, 7 mins etc.).

The junior race is a separate race that will start 2 minutes later at 7.32pm prompt. Please note that adults accompanying their children are not registered for the event and will not get a recorded time.

#### At the finish

Please remove your chip-timing tag and deposit in the buckets provided. Water will be available; everyone will receive a finisher's medal and juniors will also get a sweet treat.

# **Prize-giving**

Prizes to the race category winners will be presented outside Race HQ at Victoria Hall, across the bridge from the finish line as close to 8pm as possible.

## Race results

<u>Live results</u> will be available at the finish line and, once the final results are validated, they will be available from the <u>LuSH race timing</u> website.

## **Further information**

You can read more information on the **Bourton Roadrunners website**.

If you have any questions, please email <a href="mailto:bourtonroadrunners@gmail.com">bourtonroadrunners@gmail.com</a>.

We look forward to seeing you on Friday.

## The course

The course is accurately measured at one mile and is fast and flat, suitable for PBs. It begins near the layby on Rissington Road and follows a straight line to the High Street, in the centre of the village, where the finish is adjacent to the Londis store. The road will be closed to traffic and Race Marshals will gradually steer runners to the left side of Rissington Road as the race gets underway.

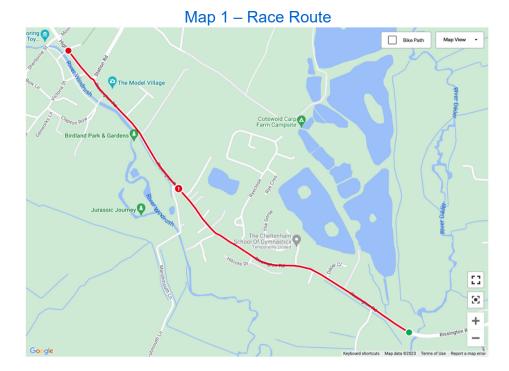
# Safety/rules

The event is held under UK Athletic (UKA) rules and with your entry you have agreed to observe these rules in addition to those for this event. The event will be fully marshalled. Please observe the following points in the interests of safety:

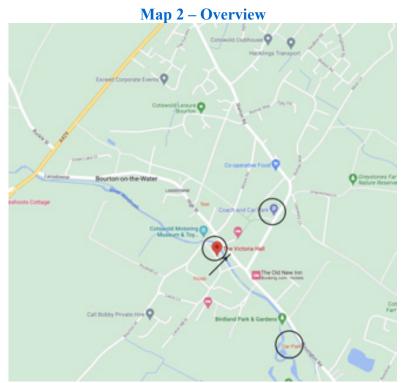
- Always keep to the left-hand side of the road
- Take particular care at road junctions
- Observe normal road safety precautions
- Obey the instructions of marshals and police at all times
- Runners are not allowed to run with dogs
- We will follow the instruction of local police and Highways staff regarding reopening roads. Please take extra care.
- Runners must not wear personal listening devices as defined by UKA those who do will be disqualified from the event.

## Maps

See page 4 for maps



You can also see copy at: <a href="https://www.mapmyrun.com/routes/view/5399107474">https://www.mapmyrun.com/routes/view/5399107474</a>



MAP 2 - Showing Rissington Road and Station Road car parks and the Race HQ at Victoria Hall